



**Uplift Hampton Prep
Middle School
Virtual Physical Education**

Coach Bell

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Physical Education Mission:

Teach scholars to live and value a healthy lifestyle reflecting ongoing psychomotor (physical), cognitive (mental), and affective (social/emotional) development.

8th Grade P.E. Classroom expectations:

1. Scholars are expected to be logged into Zoom daily.
2. Be logged in on time.
3. Cameras are to be on at all times and mics muted unless asking question.
4. Daily participation
5. Show RESPECT for yourself and others.
6. Be prepared daily.
7. Give your best effort daily.
8. Dress appropriately
9. Have fun and learn the fundamentals of becoming a healthy, active person.

Frequently Asked Questions:

How/When will Students Submit Work?

Scholars will submit assignments via Schoology according to the PE schedule posted every week on Coach Bell's page. Students will follow due dates as posted before each week concludes.

When are assessments?

Assessments may be assigned, if applicable. Assessments will be completed or turned in by each teacher's specified due date via Schoology.

How will scholar work be graded?

Grades will be updated and posted on Power School. If a student or parent has a question about grades, they will need to contact the teacher via email.

How and when will teachers provide feedback?

The teacher will provide feedback when needed or requested via Schoology messaging and/or email. The teacher will grade all submitted work and make notes when applicable to provide feedback. Work will be graded for mastery of the learning and grades will be vital in providing feedback to students.

How will scholars participate in online learning?

Scholars are expected to participate in all activities, assignments, and assessments as they are posted on Schoology. If scholars have trouble accessing or turning in any assignments, they will need to contact the teacher via Schoology messaging before the assigned due date. Late work may receive a lower grade.

How will assignments be graded?

Summative Assessments= 40%

Formative Assessments= 30%

Classwork/Quizzes=20%

Homework Participation=10%

What happens if a scholar misses Zoom class?

It is the responsibility of the scholar to make up any work they may have missed while absent. Scholars need to inform the teacher of any absences known ahead of a missed class (doctor appointments, dentist appointments, etc.)

How do I get in contact with my teacher?

All questions and concerns can be emailed to the teacher.

How do I send an email to my teacher?

When emailing your teacher, email language should remain professional and polite. Please set up the subject line as follows: First name, last name, period, and name of assignment

When can I expect to hear back from my teacher after sending an email?

You can expect to hear back from your teacher within 48 hours.

What do I need for class?

A jump rope and yoga mat/large beach towel