



**Uplift Hampton Preparatory
Middle School
P.E. Department**

**Coach Range's
6th Grade Virtual Physical Education
2020-2021**

GYM CLASS HEROES

Mission:

Teach students to live and value a healthy lifestyle reflecting ongoing psychomotor (physical), cognitive (mental), and affective (social/emotional) development.

Vision:

Middle Years Program PE department aims to empower scholars to understand and appreciate the value of being physically active; and develop the motivation to make healthy life choices.

Expectations:

1. Be on time (logged in).
2. Cameras on and microphones muted.

3. Full respect for yourself and others.
4. Be prepared everyday.
5. Give your best effort everyday.
6. Have fun and learn the fundamentals of becoming a healthy, active person.

1. How/When will Students Submit Work?

Students will submit work via Schoology according to the PE schedule posted every week on Coach Range's page. Students will follow due dates as posted before each week concludes.

2. When are assessments?

Assessments may be assigned, if applicable. Assessments will be completed or turned in by each teacher's specified due date.

How will student work be graded?

Grades will be updated and posted on Powerschool. If a student or parent has a question about grades they will contact the teacher directly via email.

3. How and when will teachers provide feedback?

- Teachers will provide feedback when needed or requested via Schoology messaging and/or email.
- Teachers will grade all submitted work and make notes when applicable to provide feedback. Work will be graded for mastery of the learning and grades will be vital in providing feedback to students.

4. How will students participate in online learning?

- Students are expected to participate in all activities, assignments, and assessments, as they are posted to Schoology.
- If students have trouble accessing or turning in any assignments, they will contact the teacher via Schoology messaging before the assigned due date. Late work may receive a lower grade.

5. When are virtual office hours?

8:00am-4:00pm

6. How do students/parents contact the teacher?

All questions and concerns must be emailed to the teacher or may be addressed during office hours.

Grading Policy

The grade scale at Uplift Education campuses is as follows:

- 1. Assessments/ Test- 40%**
- 2. Quiz- 30%**
- 3. Classwork- 20%**
- 4. Homework- 10%**

Email Etiquette:

- When emailing your teacher, please set up the subject line as follows.
 - o First Name, Last Name. Period. Assignment Name.
- All email language should remain professional and polite.
- Teachers will do their best to reply within 48 hours.

Contact Info:

Coach R. Range

Email: rrange@uplifteducation.org

Commit to be fit!