

A selection of fruit and milk available with all meals. Check uplifteducation.org/CNP website for additional information and updates.
*Menu subject to change.

Reduced: Breakfast \$0.30 / Lunch \$0.40
Paid: Breakfast \$1.60 / Lunch \$2.95

SEPTEMBER 2020

Monday

Tuesday

Wednesday

Thursday

Friday

7
Labor Day

8
Breakfast:
Concha
Lunch:
Frito Pie, Salsa
Refried Beans
Tomatoes W/Ranch

9
Breakfast:
Muffin Top
Lunch:
Roasted Chicken Drumstick
Brown Rice
Fiesta Corn

10
Breakfast:
Nutri-Grain Bar
Lunch:
Cheeseburger Mac
Green Beans

11
Breakfast:
Kolaches
Lunch:
Pizza
Cucumbers W/Ranch

14
Breakfast:
Donut Holes
Lunch:
Tamales
Spanish Rice
Zucchini W/Ranch

15
Breakfast:
Empanada
Lunch:
Meatloaf, Honey Wheat Roll
Broccoli

16
Breakfast:
Pop Tart
Lunch:
Chicken Tenders
Mashed Potato
Honey Wheat Roll

17
Breakfast:
Muffin
Lunch:
Cheeseburger
Burger Salad
Potato Wedges

18
Breakfast:
Breakfast Pizza
Lunch:
Pizza
Garden Salad

21
Breakfast:
Breakfast Taquitos
Lunch:
Chicken Sandwich
Burger Salad
Potato Wedges

22
Breakfast:
Chicken Biscuit
Lunch:
Frito Pie, Salsa
Refried Beans
Tomatoes W/Ranch

23
Breakfast:
Muffin Top
Lunch:
Country Fried Steak
Brown Gravy, Steamed Carrots
Mashed Potatoes

24
Breakfast:
Maple Sausage Taquitos
Lunch:
Spaghetti
Broccoli
Honey Wheat Roll

25
Breakfast:
Banana Bread
Lunch:
Pizza
Cucumber W/Ranch

28
Breakfast:
Sausage & French Toast
Lunch:
Cheeseburger
Burger Salad
Potato Wedges

29
Breakfast:
Concha
Lunch:
Frito Pie, Salsa
Refried Beans
Tomatoes W/Ranch

30
Breakfast:
Muffin Top
Lunch:
Roasted Chicken Drumstick
Brown Rice
Fiesta Corn



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