

FEBRUARY 2021

Breakfast: FREE
Lunch: FREE

A selection of fruit & milk available with meals. Check website uplifteducation.org/CNP for additional information & updates.

Uplift Education Child Nutrition

Menu Subject to Change.

Monday

Breakfast:

1

Breakfast Bar

Lunch:

Beef Tamales, Charro beans,
Zucchini w/Ranch

Tuesday

Breakfast:

2

Pop-Tarts

Lunch:

Turkey Sub,
Tomatoes w/ranch

Wednesday

Breakfast:

3

Cereal w/Graham Cracker

Lunch:

Chicken Sandwich, Potato
Wedge, Burger Salad

Thursday

Breakfast:

4

Pancake Sandwich

Lunch:

Spaghetti w/Chicken Meat-
balls, Garlic stick, Steamed
Broccoli

Friday

Breakfast:

5

Muffin Flats

Lunch:

Cheese Pizza,
Garden Salad w/ranch

Breakfast:

8

Banana Flats

Lunch:

Chicken Fried Steak,
Roll, Steamed Carrots

Breakfast:

9

Donut Holes

Lunch:

Chicken tender, Tomato Cu-
cumber Salad

Breakfast:

10

Nutri-Grain Bar

Lunch:

Frito Pie,
Pinto Beans

Breakfast:

11

Cereal w/Graham Cracker

Lunch:

Hamburger or Cheese-
burger, Burger Salad, Potato
Wedges

Breakfast:

12

Frudel

Lunch:

Turkey Meat Lovers Pizza,
Cucumbers with Ranch

Breakfast:

15



Breakfast:

16

Breakfast Pizza

Lunch:

Beef Taco Salad w/Black
bean & Corn, Salsa Cup

Breakfast:

17

Cereal w/Graham Cracker

Lunch:

Asian Beef Bowl,
Broccoli

Breakfast:

18

Muffin Flats

Lunch:

Cheeseburger Mac,
Green Beans

Breakfast:

19

Cinnamon Roll

Lunch:

Pepperoni Pizza,
Carrots w/Ranch

Breakfast:

22

Breakfast Bar

Lunch:

Chicken Tamales, Charro
beans, Zucchini w/Ranch

Breakfast:

23

Pop-Tarts

Lunch:

Turkey Sub,
Tomatoes w/ranch

Breakfast:

24

Cereal w/Graham Cracker

Lunch:

Chicken Sandwich, Potato
Wedge, Burger Salad

Breakfast:

25

Pancake Sandwich

Lunch:

Spaghetti w/Chicken Meat-
balls, Garlic stick, Steamed
Broccoli

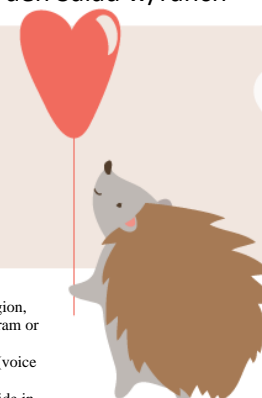
Breakfast:

26

Muffin Flats

Lunch:

Cheese Pizza,
Garden Salad w/ranch



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