

December 2020

Uplift Education

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast: 1
Maple Sausage
Taquito

Lunch:
Frito Pie, Salsa
Tomatoes W/Ranch

Breakfast: 2
Muffin Flat
Assort.

Lunch:
Cheeseburger
Burger Salad
Steamed Carrots

Breakfast: 3
Assort. Cereal &
Graham Cracker

Lunch:
Spaghetti w/Breadstick
Steamed Broccoli

Breakfast: 4
Banana Bread
Flats

Lunch:
Pizza
Cucumbers w/Ranch

Breakfast: 7
Assort. Cereal &
Graham Cracker

Lunch:
Cheeseburger Mac
Steamed Broccoli

Breakfast: 8
Pink Pastry
Concha

Lunch:
Chicken Fajita
Brown Rice
Garden Salad

Breakfast: 9
Assort. Cereal &
Graham Cracker

Lunch:
Cheeseburger
Burger Salad
Potato Wedges

Breakfast: 10
Assort. Nutri-Grain
Bars

Lunch:
Chicken Drumstick
Breadstick
Green Beans

Breakfast: 11
Chicken Sausage
Kolaches

Lunch:
Pizza
Carrots w/Ranch

Breakfast: 14
Donut Holes in a
Cup

Lunch:
Tamales
Spanish Rice
Pinto Beans

Breakfast: 15
Apple Cinnamon
Empanadas

Lunch:
Meatloaf w/Breadstick
Steamed Broccoli

Breakfast: 16
Strawberry or
Blueberry Pop-Tarts

Lunch:
Chicken Tenders
w/Roll
Steamed Carrots

Breakfast: 17
Breakfast Sausage
Pizza

Lunch:
Cheeseburger
Burger Salad
Potato Wedges

Breakfast: 18
Banana Bread
Flats

Lunch:
Pizza
Steamed Corn

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A selection of fruit & milk available with meals.
Check uplifteducation.org/CNP website for additional information and updates

Menu Subject to Change.



Winter Break