

# Community Resources and Referrals (Tarrant County)



## Non-Emergency Police Numbers:

Arlington Police Department: (817) 274- 4444  
211 – Free Information & Referrals

Ft. Worth Police Department: (817) 335- 4222

## **FREE/ LOW COST COUNSELING SERVICES:**

### **Fort Worth:**

#### Lena Pope

*Provide support, education and behavioral intervention to youth and families*  
(817) 255-2500  
3200 Sanguinet St.  
Fort Worth, TX, 76107

#### The Warm Place

*Grief support and counseling services for children and their families.*  
(817) 870-2272  
809 Lipscomb St.  
Fort Worth, TX 76104

#### ACH Child & Family Services

*Counseling, family programs, crises response & drug/alcohol*  
(817) 335 - 4673  
3712 Wichita St.  
Ft. Worth, TX, 76119

#### MHMR of Tarrant County

*Suicide assessments, crisis response, counseling, developmental disability counseling & drug/alcohol*  
Information Line: 1 (800) 866 -2465  
Developmental Disabilities: (817) 569-4000  
1300 Circle Dr.  
Ft. Worth, TX, 76119

#### Catholic Charities of Ft. Worth

*Sliding scale or free counseling*  
(817) 534-0814  
249 W. Thornhill Dr.  
Ft. Worth, TX, 76115

### **Grand Prairie:**

#### Children First Counseling Center

*General counseling services, also offers a Batterer Intervention Program targeted towards parents*  
(972) 264-0604  
202 College St.  
Grand Prairie, TX, 75050

#### E. Carlyle Smith Jr. Health Center

(214) 266 - 3400  
801 Conover Dr.  
Grand Prairie, TX, 75051

### **Arlington:**

#### Compassion Counseling

(817) 723 - 1210  
2214 Michigan Ave, Suite F  
Arlington, TX 76013

#### Catholic Charities of Arlington

(866) 727 - 1494  
917 W. Sanford St.  
Arlington, TX, 76012

## **SPECIALTY REFERRALS:**

### **Counseling for Special Populations:**

#### **UT Southwestern Center for Autism and Developmental Disabilities**

*Medical care for autism and all other neurodevelopmental disabilities*  
214-648-0102

#### **Child Study Center-Ft. Worth**

*Provides diagnosis, treatment, and education for children with complex developmental and behavioral disabilities*  
(817) 336-8611  
1300 West Lancaster Ave.  
Fort Worth, TX 76102

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## **Psychiatric Care:**

### **Texas Health Behavioral Health Hospital - Arlington**

(682) 236-6023  
800 W. Randol Mill Rd.  
Arlington, TX, 76012

### **Texas Health-Springwood Hospital**

*Psychiatric, mental, addiction and behavioral health treatment facility.*  
(817) 355-7777  
(682) 236-6023  
2717 Tibbets Dr.  
Bedford, TX 76022

### **JPS Health Network-Trinity Springs Pavilion**

*24 hour-a-day, 7 day-a-week emergency psychiatric services for adults and adolescents ages 13-17 in a mental health crisis.*  
(817) 927-3636  
1500 S. Main St.  
Fort Worth, TX 76104

### **Millwood Hospital**

*Inpatient and outpatient mental health and chemical dependency care.*  
(817) 261-3121  
1011 N. Cooper St.  
Arlington, TX 76011

### **Sundance Behavioral Healthcare System**

*Partial Hospitalization and Intensive Outpatient serves children and adolescents ages 5-18.*  
(817) 222-9191  
2707 Airport Freeway  
Fort Worth, TX 76111

### **Cook Children's Medical Center-Ft. Worth**

*Inpatient Treatment: 2-12 years old*  
*Partial Hospitalization Program: 6- 17 years old*  
(682) 885-3917  
801 7th Avenue  
Fort Worth, TX 76104

### **The Excel Center-Fort Worth**

*Offers Partial Hospitalization and Intensive Outpatient programs for youth and adolescents.*  
(817) 335-6429  
1220 West Presidio Street  
Fort Worth, Texas 76102

### **Mesa Springs**

*Behavioral health hospital offering inpatient and outpatient mental health and addiction treatment to adults, adolescents and their families.*  
(817) 591-7519  
5560 Mesa Springs Drive  
Fort Worth, TX

## **LGBT Services:**

### **Tarrant County Lesbian & Gay Alliance**

(817) 877-5544

## **Substance Abuse Services:**

### **Santa Fe Adolescent Services**

*Substance abuse prevention and counseling services for adolescents and their families.*  
(817) 492-4673  
7524 Mosier View Ct., #200

Fort Worth, TX 76118

### **Right Step - Residential Treatment**

*Addiction treatment services for adolescents-13-17.*  
(844) 875-8689  
2219 W. Euless Blvd. Euless, Texas 76040

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### **Crisis/Trauma:**

#### **MHMR Tarrant – Crisis Relief (Mobile)**

*The mobile Crisis Outreach Team provides a combination of face-to-face, 24-hour crisis services to children, adolescents and adults in Tarrant County,*  
817-335-3022 (Call or Text)  
800-866-2465 (Toll Free)

#### **Community Counseling Center – Texas Wesleyan**

(817) 531-4859  
3110 Rosedale St  
Fort Worth, TX 76105

#### **Trauma Support Services of North Texas**

*Free crisis counseling*  
(817) 378-7158 (Fort Worth)  
1000 Bonnie Brae Ave  
Fort Worth, TX 76111

#### **Alliance for Children**

*Assessments, case management and group counseling for confirmed victims of child abuse and their protecting parents.*  
(817) 335-7172  
1424 Summit Avenue  
Fort Worth, TX 76104

### **Domestic Violence:**

#### **The Family Place**

*Domestic Violence Emergency Shelter*  
24 Hour Crisis Hotline: (214) 941-1991  
Main Line: (214)-559-2170

#### **SafeHaven**

##### **Arlington:**

(817) 548-0583  
(877) 701-7233 (24-Hour Hotline)  
401 W. Sanford, Suite 1400  
Arlington, TX, 76011

#### **Ft. Worth:**

(817) 536- 5496  
(877) 701-7233 (24-Hour Hotline)  
1100 Hemphill Street, Suite 101  
Ft. Worth, TX, 76104

#### **Texas Advocacy Project**

*Free legal services, access to the justice system, and education, for victims of domestic and dating violence, sexual assault, and stalking.*  
(800) 374-HOPE (4673)  
<https://www.texasadvocacyproject.org/>

### **Self-Injury:**

#### **Eating Recovery Center of Dallas**

(972) 479-5779  
4716 Alliance Blvd., Ste. 400  
Plano, TX, 75093

#### **Amanda Esquivel, MS, LPC, LCDC**

(940) 230 – 3381  
675 Town Square Blvd, Ste. 200  
Garland, TX, 75040

### **Insurance/Healthcare Assistance:**

#### **Community Council of Greater Dallas**

*Free enrollment assistance with all government funded healthcare programs (CHIP, Children's Medicaid, ACA)*  
(469) 740-6071  
1341 W. Mockingbird Ln., Suite 1000W  
Dallas, TX, 75247  
Contact person: Daniel Bouton

#### **Healthwell Foundation**

*Provides financial assistance to eligible patients to cover certain out-of-pocket health care cost.*  
(800) 675-8416  
<https://www.healthwellfoundation.org/>

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## **Housing, Food & Financial Assistance:**

*\*Call to ensure shelter availability. Shelters are sometimes full.*

### **Metrocrest Services**

*Specializes in homelessness, job counseling, emergency financials*  
(972) 446-2100  
13801 Hutton Dr., Suite 150  
Farmers Branch, TX, 75234

### **Arlington Life Shelter**

(817) 548-9885  
325 W. Division Street  
Arlington, TX, 76011

### **Tarrant Area Food Bank (Ft. Worth)**

(817) 857- 7100  
2600 Cullen Street  
Ft. Worth, TX, 76107

### **Union Gospel Mission of Tarrant County**

(817) 339-2553  
1331 E Lancaster Ave.  
Fort Worth, TX, 76102

### **Grand Prairie Lifeline Shelter for Families**

(972) 642- 7744  
123 W. Main St., Suite 300  
Grand Prairie, TX, 75050

### **Tarrant County Housing Assistance Office**

(817) 531-7640  
2100 Circle Dr., Ste. 200  
Fort Worth, TX 76119

### **Housing Channel**

*Provides eligible families with counseling to educate about down payment and closing cost assistance*  
(817) 924-5091  
4200 S Frwy., Ste. 307  
Fort Worth, TX 76115

### **Presbyterian Night Shelter**

(817) 632-7400  
2400 Cypress St.  
Ft. Worth, TX, 76102

## **Immigration Assistance Services:**

### **World Relief of Ft. Worth**

(817) 924-0748  
4059 Bryan Ave.  
Fort Worth, TX 76110  
<http://worldrelief.org/fortworth/immigration>

### **Catholic Charities Fort Worth**

(817) 534-0814  
[infocatholiccharities@ccdofw.org](mailto:infocatholiccharities@ccdofw.org)

### **Refugee Services of Texas**

(817)457-8110  
5009 Brentwood Stair Rd., Ste. 102  
Fort Worth, TX 76112  
[http://www.refugeeservicesoftexas.org/Fort\\_Worth.html](http://www.refugeeservicesoftexas.org/Fort_Worth.html)

### **RAICES Fort Worth**

*Andrea Aguilar, Managing Attorney*  
*Services (by appointment only):*  
*Unaccompanied Children; Low Cost Legal Services;*  
*DACA*  
(817) 717-9377  
4200 South Freeway, Suite 702  
Fort Worth, TX 76115  
<https://www.raicetexas.org/pages/uam>.

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## **Pregnancy and Parenting Services:**

### **The Parenting Center**

Counseling, parent education, case management and a telephone parenting advice line.  
(817) 332-6348  
Parenting Advise Line: (817) 332-6399  
2928 W 5<sup>th</sup> Street  
Fort Worth, TX 76107

## **Crisis and Suicide Hotlines**

<b>Organization</b>	<b>Number(s)</b>
I'm Alive/Hope Line	Hopeline.com (online chat) Imalive.org 1-800-suicide (1-800-784-2433) or 1-800-442-4673
National Suicide Prevention Lifeline	1-800-273-TALK (1-800-273-8255) 1-800-799-4TTY (1-800-799-4889) Hearing and Speech Impaired
Online Emotional Support	CrisisChat.org
Youth America Hotline	1-877-YOUTHLINE (1-877-968-8454)
Veteran's Crisis Hotline	1-800- 273-8255, Press 1 Text to 838255
Crisis Text Line	Text "HOME" to 741741
National Sexual Assault Hotline	1-800-656-HOPE (1-800-656-4673)
National Domestic Violence Hotline	1-800-799-SAFE (1-800-799-7233)
Suicide and Crisis Center Hotline	214-828-1000
Parkland Victim Intervention Program Crisis Hotline	214-590-0430 214-590-2926
Dallas Area Rape Crisis Center	972-641-RAPE (972-641-7273)
Genesis Women's Shelter Hotline	214-946-HELP (214-946-4357)
Brighter Tomorrow's Domestic and Sexual Violence Hotline	972-262-8383