

Community Resources and Referrals (Tarrant County)



Non-Emergency Police Numbers:

Arlington Police Department: (817) 274- 4444
211 – Free Information & Referrals

Ft. Worth Police Department: (817) 335- 4222

FREE/ LOW COST COUNSELING SERVICES:

Fort Worth:

Lena Pope

Provide support, education and behavioral intervention to youth and families
(817) 255-2500
3200 Sanguinet St.
Fort Worth, TX, 76107

The Warm Place

Grief support and counseling services for children and their families.
(817) 870-2272
809 Lipscomb St.
Fort Worth, TX 76104

ACH Child & Family Services

Counseling, family programs, crises response & drug/alcohol
(817) 335 - 4673
3712 Wichita St.
Ft. Worth, TX, 76119

MHMR of Tarrant County

Suicide assessments, crisis response, counseling, developmental disability counseling & drug/alcohol
Information Line: 1 (800) 866 -2465
Developmental Disabilities: (817) 569-4000
1300 Circle Dr.
Ft. Worth, TX, 76119

Catholic Charities of Ft. Worth

Sliding scale or free counseling
(817) 534-0814
249 W. Thornhill Dr.
Ft. Worth, TX, 76115

Grand Prairie:

Children First Counseling Center

General counseling services, also offers a Batterer Intervention Program targeted towards parents
(972) 264-0604
202 College St.
Grand Prairie, TX, 75050

E. Carlyle Smith Jr. Health Center

(214) 266 - 3400
801 Conover Dr.
Grand Prairie, TX, 75051

Arlington:

Compassion Counseling

(817) 723 - 1210
2214 Michigan Ave, Suite F
Arlington, TX 76013

Catholic Charities of Arlington

(866) 727 - 1494
917 W. Sanford St.
Arlington, TX, 76012

SPECIALTY REFERRALS:

Counseling for Special Populations:

UT Southwestern Center for Autism and Developmental Disabilities

Medical care for autism and all other neurodevelopmental disabilities
214-648-0102

Child Study Center-Ft. Worth

Provides diagnosis, treatment, and education for children with complex developmental and behavioral disabilities
(817) 336-8611
1300 West Lancaster Ave.
Fort Worth, TX 76102

DISCLAIMER: This informational list does not necessarily imply endorsement or support of the professionals listed below

Psychiatric Care:

Texas Health Behavioral Health Hospital - Arlington

(682) 236-6023
800 W. Randol Mill Rd.
Arlington, TX, 76012

Texas Health-Springwood Hospital

Psychiatric, mental, addiction and behavioral health treatment facility.
(817) 355-7777
(682) 236-6023
2717 Tibbets Dr.
Bedford, TX 76022

JPS Health Network-Trinity Springs Pavilion

24 hour-a-day, 7 day-a-week emergency psychiatric services for adults and adolescents ages 13-17 in a mental health crisis.
(817) 927-3636
1500 S. Main St.
Fort Worth, TX 76104

Millwood Hospital

Inpatient and outpatient mental health and chemical dependency care.
(817) 261-3121
1011 N. Cooper St.
Arlington, TX 76011

Sundance Behavioral Healthcare System

Partial Hospitalization and Intensive Outpatient serves children and adolescents ages 5-18.
(817) 222-9191
2707 Airport Freeway
Fort Worth, TX 76111

Cook Children's Medical Center-Ft. Worth

Inpatient Treatment: 2-12 years old
Partial Hospitalization Program: 6- 17 years old
(682) 885-3917
801 7th Avenue
Fort Worth, TX 76104

The Excel Center-Fort Worth

Offers Partial Hospitalization and Intensive Outpatient programs for youth and adolescents.
(817) 335-6429
1220 West Presidio Street
Fort Worth, Texas 76102

Mesa Springs

Behavioral health hospital offering inpatient and outpatient mental health and addiction treatment to adults, adolescents and their families.
(817) 591-7519
5560 Mesa Springs Drive
Fort Worth, TX

LGBT Services:

Tarrant County Lesbian & Gay Alliance

(817) 877-5544

Substance Abuse Services:

Santa Fe Adolescent Services

Substance abuse prevention and counseling services for adolescents and their families.
(817) 492-4673
7524 Mosier View Ct., #200

Fort Worth, TX 76118

Right Step - Residential Treatment

Addiction treatment services for adolescents-13-17.
(844) 875-8689
2219 W. Euless Blvd. Euless, Texas 76040

DISCLAIMER: This informational list does not necessarily imply endorsement or support of the professionals listed below

Crisis/Trauma:

MHMR Tarrant – Crisis Relief (Mobile)

The mobile Crisis Outreach Team provides a combination of face-to-face, 24-hour crisis services to children, adolescents and adults in Tarrant County,
817-335-3022 (Call or Text)
800-866-2465 (Toll Free)

Community Counseling Center – Texas Wesleyan

(817) 531-4859
3110 Rosedale St
Fort Worth, TX 76105

Trauma Support Services of North Texas

Free crisis counseling
(817) 378-7158 (Fort Worth)
1000 Bonnie Brae Ave
Fort Worth, TX 76111

Alliance for Children

Assessments, case management and group counseling for confirmed victims of child abuse and their protecting parents.
(817) 335-7172
1424 Summit Avenue
Fort Worth, TX 76104

Domestic Violence:

The Family Place

Domestic Violence Emergency Shelter
24 Hour Crisis Hotline: (214) 941-1991
Main Line: (214)-559-2170

SafeHaven

Arlington:

(817) 548-0583
(877) 701-7233 (24-Hour Hotline)
401 W. Sanford, Suite 1400
Arlington, TX, 76011

Ft. Worth:

(817) 536- 5496
(877) 701-7233 (24-Hour Hotline)
1100 Hemphill Street, Suite 101
Ft. Worth, TX, 76104

Texas Advocacy Project

Free legal services, access to the justice system, and education, for victims of domestic and dating violence, sexual assault, and stalking.
(800) 374-HOPE (4673)
<https://www.texasadvocacyproject.org/>

Self-Injury:

Eating Recovery Center of Dallas

(972) 479-5779
4716 Alliance Blvd., Ste. 400
Plano, TX, 75093

Amanda Esquivel, MS, LPC, LCDC

(940) 230 – 3381
675 Town Square Blvd, Ste. 200
Garland, TX, 75040

Insurance/Healthcare Assistance:

Community Council of Greater Dallas

Free enrollment assistance with all government funded healthcare programs (CHIP, Children's Medicaid, ACA)
(469) 740-6071
1341 W. Mockingbird Ln., Suite 1000W
Dallas, TX, 75247
Contact person: Daniel Bouton

Healthwell Foundation

Provides financial assistance to eligible patients to cover certain out-of-pocket health care cost.
(800) 675-8416
<https://www.healthwellfoundation.org/>

DISCLAIMER: This informational list does not necessarily imply endorsement or support of the professionals listed below

Housing, Food & Financial Assistance:

**Call to ensure shelter availability. Shelters are sometimes full.*

Metrocrest Services

Specializes in homelessness, job counseling, emergency financials
(972) 446-2100
13801 Hutton Dr., Suite 150
Farmers Branch, TX, 75234

Arlington Life Shelter

(817) 548-9885
325 W. Division Street
Arlington, TX, 76011

Tarrant Area Food Bank (Ft. Worth)

(817) 857- 7100
2600 Cullen Street
Ft. Worth, TX, 76107

Union Gospel Mission of Tarrant County

(817) 339-2553
1331 E Lancaster Ave.
Fort Worth, TX, 76102

Grand Prairie Lifeline Shelter for Families

(972) 642- 7744
123 W. Main St., Suite 300
Grand Prairie, TX, 75050

Tarrant County Housing Assistance Office

(817) 531-7640
2100 Circle Dr., Ste. 200
Fort Worth, TX 76119

Housing Channel

Provides eligible families with counseling to educate about down payment and closing cost assistance
(817) 924-5091
4200 S Frwy., Ste. 307
Fort Worth, TX 76115

Presbyterian Night Shelter

(817) 632-7400
2400 Cypress St.
Ft. Worth, TX, 76102

Immigration Assistance Services:

World Relief of Ft. Worth

(817) 924-0748
4059 Bryan Ave.
Fort Worth, TX 76110
<http://worldrelief.org/fortworth/immigration>

Catholic Charities Fort Worth

(817) 534-0814
infocatholiccharities@ccdofw.org

Refugee Services of Texas

(817)457-8110
5009 Brentwood Stair Rd., Ste. 102
Fort Worth, TX 76112
http://www.refugeeservicesoftexas.org/Fort_Worth.html

RAICES Fort Worth

*Andrea Aguilar, Managing Attorney
Services (by appointment only):
Unaccompanied Children; Low Cost Legal Services;
DACA*
(817) 717-9377
4200 South Freeway, Suite 702
Fort Worth, TX 76115
<https://www.raicestexas.org/pages/uam>.

DISCLAIMER: This informational list does not necessarily imply endorsement or support of the professionals listed below

Pregnancy and Parenting Services:

The Parenting Center

Counseling, parent education, case management and a telephone parenting advice line.
(817) 332-6348
Parenting Advise Line: (817) 332-6399
2928 W 5th Street
Fort Worth, TX 76107

Crisis and Suicide Hotlines

Organization	Number(s)
I'm Alive/Hope Line	Hopeline.com (online chat) Imalive.org 1-800-suicide (1-800-784-2433) or 1-800-442-4673
National Suicide Prevention Lifeline	1-800-273-TALK (1-800-273-8255) 1-800-799-4TTY (1-800-799-4889) Hearing and Speech Impaired
Online Emotional Support	CrisisChat.org
Youth America Hotline	1-877-YOUTHLINE (1-877-968-8454)
Veteran's Crisis Hotline	1-800- 273-8255, Press 1 Text to 838255
Crisis Text Line	Text "HOME" to 741741
National Sexual Assault Hotline	1-800-656-HOPE (1-800-656-4673)
National Domestic Violence Hotline	1-800-799-SAFE (1-800-799-7233)
Suicide and Crisis Center Hotline	214-828-1000
Parkland Victim Intervention Program Crisis Hotline	214-590-0430 214-590-2926
Dallas Area Rape Crisis Center	972-641-RAPE (972-641-7273)
Genesis Women's Shelter Hotline	214-946-HELP (214-946-4357)
Brighter Tomorrow's Domestic and Sexual Violence Hotline	972-262-8383